



St. Catharines Rowing Club Youth Rowing Program 2018

Swim Test Waiver

I acknowledge and accept the risk inherent in the St Catharines Rowing Club's Youth Rowing Program. My son or daughter has not participated in the mandatory swim test for the Youth Rowing Program. However, my child is able to swim 250 metres, and tread water for 4 minutes with their rowing clothes on (e.g. shorts and t shirt) wearing a banana belt. My child is able to put on and take off a PFD in the water. Advanced rowers will do the same, but without a banana belt.

Child's name: _____

My child is registered in: *(please circle)*

Beginner

Advanced

Session One

Session Two

Session Three

My child has completed the following swimming program level: *(if applicable)*

Parent/Guardian signature

Date